

# **Comrie Croft All Abilities Guide**

### Ethos

Everyone should be able to enjoy Comrie Croft whatever their ability. We understand for some people with disabilities going on holiday means a little more planning and few more questions. We got our onsite expert (a wheelchair user herself) to make this guide. Let us know if there is anything we haven't covered.

## Accommodation

Camping – We have three different camping areas, the low meadow, high meadow and woodland. All can be accessed by car via our farm track road.

Low Meadow - 8 pitches close to the toilet & shower block at the back of the reception building. These pitches can accommodate all sizes of tents from individual to larger family sized tents. The access road runs past the meadow for easy drop off and collection. Cars cannot park in the meadow but there is parking a few metres away via the farm road and there is ramped access to the meadow. The ground is mown grass and fairly level, but a little bumpy in places.

High Meadow/Upper High Meadow – 22 pitches. This site is the furthest away from the main reception. Toilets are composting and there is cold running water for drinking and washing. These pitches can accommodate all sizes of tents from individual to larger family sized tents. The access road runs up to the high meadow for dropping off and picking up but again cars need to be returned to the car park with the exception of blue badge holders. The ground up there is mown grass and fairly level, but a little bumpy in places.

Woodland – 12 pitches. As the name suggests these are situated in our woods. They are pretty much as nature intended with small clearings in which to pitch your tent. Only smaller tents fit, roughly 3 x 3 meters. The access road runs through the middle of the woodlands, pitches 2 and 4 are the closest to the road. This road is a farm track and steep in places. All pitches involve walking from the access road over some uneven terrain and quite narrow tracks, so generally not suitable for most wheelchairs.

Nordic Katas – We have seven Katas, six of which are in the woodland area, the other is at the bottom of the low meadow. You can get to those in the woodland via the access road, although again there is a short walk over uneven ground from the road. Kata 2 is up a steep set of woodland steps.

Kata 5 in the low meadow has been designed with disabled and families in mind. Located near (m) to the reception building and toilet/washing facilities, it has its own parking bay and wooden boardwalk running to the door (820mm wide) which carries on to the ramp and up to reception. There is a gate before the ramp. Inside is a stove for heating and cooking as well as a small handcrafted table and some stools of varying height. The sleeping platform is (500mm) off the ground, (4650mm) wide & (2110mm) at its deepest, covered with a mattress and sheepskin furs. This Kata also has an en-suite compost toilet (door 880mm wide).

Farmhouse – The farmhouse has three bedrooms, a kitchen and sitting room. Two of the bedrooms are on the second floor, with one on the ground floor. The ground floor room has a double bed with single bunk above and a set of bunk beds. Also on the ground floor is a shower room, the shower cubical has a lip (165mm) to step over. As the name suggests it is an old farmhouse, the main door has a 90mm step and is not very wide (740mm), then there is a step (90mm high) from the mudroom into the house through a 680mm door.

Steading – A converted farmstead - 11 rooms over two floors, sofa area, TV den & kitchen. Entrance way has a gentle ramp into foyer. Rooms are down the corridor to the left with kitchen and dining area to the right. The upper dining area is accessible to wheelchairs; the lower dining area and kitchen are down three steps with no grab rail. Step free access to this area is made by a ramped door in the gravel courtyard. Rooms 1, 2 and 3 are on the ground floor along with an accessible toilet and a separate toilet/wetroom. All other rooms are on the upper floor and there is no lift. Room 1 (door width 800mm) has a bunk bed and separate double bed (500mm high). It offers the largest floor space of the three rooms, capable of accommodating a wheelchair. Room 2 has a shower en-suite. The shower is up two steps, there are no grab rails, and the shower room is too small for a wheelchair. Beds are again bunk beds with one being a double bed on the bottom. A smaller wheelchair would fit in this room. Room 3 has three bunk beds; this room has the least amount of space for a wheelchair and is narrow in places.

## Barn & Cow Shed

The Cow Shed is a multi-purpose room at the front of the Barn. There is ramped access from the courtyard though an oversized door (1100mm). From there you can enter the Barn via bi-fold doors which offer level access or through a single door which has a small lip (20mm) to step over. Step free access to the toilets is available from the Cow Shed – the door is (790mm) wide. From the Barn the step up to the toilets is 210mm high.

### Campfires

We welcome campfires! The woodland fire pits and courtyard fire pits are at ground level in the meadows there are fire bowls which are 350mm high.

### **Fire Evacuation**

If staying with a group of people we ask that you nominate someone to be in charge of your evacuation should it be required. Please inform reception of your room number and who that person will be. Should you be staying alone, let us know when booking so we can make provision for you.

### Roads, Paths and Car Parking

We are based on what used to be a farm; the access from the main road is a farm track with a one way system in place. Access to the woodland pitches and high meadow is a continuation of this farm track and is fairly bumpy and steep. Parking is at the side of the access road. There is a disabled bay close to the Steading which is slightly angled as the ground is sloping. Flatter spaces are available further down the car park. The ground outside the reception building is a little uneven and gently sloping, mainly fine gravel and concrete. There is ramped access to the building from the car park.

### **Bike & Walking Trails**

Bikes – We have an onsite bike shop (Comrie Croft Bikes) that you can hire bikes from and they are also handy for wheelchair repairs, e.g. punctures etc. For anyone wanting a bit of an adrenalin rush feel free to try out our mountain bike trails. If you are a wheelchair user you will need an off – road chair (we don't have any for hire), our blue run is probably the widest but we also have a skills park where you can have a try before you commit to the downhill.

Walking Trails – You can walk up through our woodlands and pastures. The route is mainly farm track, so a little bumpy and steep in places. Probably not suitable for those needing pushed. There is a trail that runs from the Croft to Comrie. This is fairly wide, again quite bumpy with some protruding tree roots, and some steep areas. The exit from the path is very narrow.

## Amenities

## <u>Toilets</u>

Reception – One accessible toilet. Toilet pan standard height (430mm), has one grab rail next to toilet.

Steading – One accessible toilet – Toilet pan standard height (430mm), one grab rail next to the toilet.

High Meadow – No accessible toilet.

Barn – One accessible toilet - 1620mm (d) x 1200mm (w) – 850mm at its narrowest between sink and heater. Toilet pan comfort height (490mm), grab rails either side of the toilet.

Wetroom/Toilet in Steading – Large room, shower controls are 110mm from floor, a shower stool (440mm high) is available. Toilet pan standard height (430mm), one grab rail in reach (460mm from toilet) of toilet.

Camping Wetroom/Toilet (2115mm x 1150mm) – On the small side, shower controls are 110mm from floor, a shower stool (440mm high) is available. Toilet pan low (400mm), one grab rail next to the toilet.

Kata 5 ensuite – (1810mm x 1740mm) – Toilet pan is of comfort height (490mm) and has a grab rail on the left along with a drop down rail on the right.

## Camping Amenities

Lockers – We have twelve lockers with electrical sockets available, they are located to the rear of the reception building.

Microwave – Located in the same area as the lockers on a shelf approx 4ft up.

Washing Up Facilities – Three sinks located to the rear of the reception building, one of which is lowered for wheelchair users.

Medication Storage – If you need to keep any medication chilled we have a fridge in the kitchens of the Steading and Farmhouse as well as one next to the lockers. There are no locking boxes in any of our fridges.

## **Reception and Shops**

This building is fully accessible; there is a wooden ramp up to it, and double doors.

## The Cafe

Onsite there is a cafe which has ramped access to a covered deck. There is a step 175mm high from the deck into the order counter. Seating is snug, larger electric wheelchairs might struggle.

## Assistance Dogs

All well behaved assistance dogs are welcome at Comrie Croft. Obviously assistance dogs can holiday for free.

### Carers

Everyone needs a little help sometimes. Should you need to bring a helper they can stay for free.

## **Medical Assistance**

Some of our staff are first aid trained. Should none of them be on duty or you need help out of hours:

### **Doctors**

Comrie Medical Centre (PH6 2LW) – 01764 670217

Crieff Medical Centre (PH7 3SA) – Red Practice: 01764 652465

Blue Practice: 01764 652283

<u>Dentist</u>

Spring Grove - Comrie (PH6 2LN) – 01764 679040

Smile - Crieff (PH7 4BJ) - 01764 652209

Care Dental – Crieff (PH7 4AX) – 01764 652607

<u>Hospital</u>

Crieff Cottage Hospital (PH7 3HR) – 01764 653173

Perth Royal Infirmary (PH1 1NX) - 01738 623311

Emergencies – Call 999

Non Emergencies - NHS 24 – Call 111